

## TA for the implementation of the Health Promotion & Preventive Maternal and Child Health Care

## EuropeAid/122909/D/SER/BG



#### ANNEX III - Results achieved

V

### FINAL PROGRESS REPORT

### SEPTEMBER 2007 - NOVEMBER 2008

TA for the implementation of the Health Promotion & Preventive Maternal and Child Health Care, Publication reference:

(EuropeAid/122909/D/SER, BG 2004/016 - 711.01.03.0001)

Elaborated by Consortium:









# Results achieved under the project for the period September 2007 – November 2008

RESULTS		
Activity	Results achieved	Quantity
Implementation of the pilot program for early diagnostics of cervical cancer for disadvantaged ethnic minority women		
Preparation and training of mobile teams and specialists at places	Gynaecologists, nurses and GPs in the four selected regions trained and qualified to implement the pilot program for improving the health status of disadvantaged ethnic minority women and children	14
	Technicians and x-ray laborants trained and qualified to implement the pilot primary and secondary health program for improving the health status of disadvantaged ethnic minority women and children in the four project regions	5
	Pediatricians in the four selected regions trained to implement the pilot program for improving the health status of disadvantaged ethnic minority women and children	6
	RHC and RIPHPC representatives who to take part in the pilot program for improving the health status of disadvantaged ethnic minority women and children	9
	Total	34 medical specialists

Plan of the preventive examinations	Pilot program for early diagnostics of cervical cancer for disadvantaged ethnic minority women  4 plan schedules for cervical cancer (for each target region)  4 plan schedules for pediatric examinations (for each region)	8 plans for the OG and pediatric examinations with mobile units
	Preventive examinations conducted with OG and pediatric mobile units  Despite the reduced period for implementation of the examinations from 5 to 4 months (the examinations were made in the period August-November 2008) the Consultant managed to implement the 12 000 examinations claimed in the ToR. If there are any discrepancies, they are due to: - failed delivery of one type of mobile equipment – mobile mamographs; - reduced period for conducting the examinations from 5 to 4 months;	Examinations made in the period (1 August -10 November 2008)  Pediatric: 6763 examinations  OG: 5509 examinations  Total: 12272 examinations
Analysis of the legal basis concerning health insurance of disadvantaged ethnic minority pregnant women	Elaboration of criteria and call for legal expert	Elaborated criteria – 1
	Elaboration of specific ToR regarding the work of the legal expert	Elaborated ToR – 1

	Legal analysis under Components 1 and 2, including recommendations	Elaborated analysis and recommendations - 1
Improved communication between Roma and health care providers	Elaborated communication strategy, promotional plan and testing the main message	1
	Elaborated promotional plan including elaboration and production of:	1 plan
	6 leaflets on health-related issues	6 health leaflets –
	(contraception, STIs, breast cancer, cervical cancer, healthy nutrition, immunizations)	120 000 total print;
	1 leaflet on legal issues concerning social assistance	2 legal leaflets –
	1 legal leaflet on issues concerning healthcare rights	40 000 total print
	1 flyer for the role of the health mediator	1 flyer HM – 20 000 copies
	1 flyer presenting the project	Total: 5000 copies
	T-shirts	Total: 1000 T-shirts
	Towels	Total: 750 towels
		Total: 200 mugs
	Mugs	

Bibs	Total: 1000 bibs
Posters – announcements for OG examinations	Total: 500 copies
Posters – announcements for pediatric examinations	Total: 500 copies
Stickers	Total: 1000 copies
Remark: During the preliminary phase in the production of promo materials it was estimated that it is necessary to make bibs (in relation to the pediatric examinations) and posters/announcements for the preventive examinations at places. In this regard additional quantities of bibs and posters were produced at the expense of the number of T-shirts and stickers and that contributed to the more effective dissemination of materials in accordance to the needs of the target groups.	
Dissemination of educational materials developed under the project: leaflets – MCH and immunizations, STIs/AIDS, prevention of cervical and breast cancer, flyer for the role of the health mediator	120 000 educational materials disseminated
Discussions and educational sessions with young people on the topics of sexually-transmitted infections (STIs), prevention of early pregnancy and main family planning principles	More than 20 discussions
Preparation and participation of 60 Roma families in the promotional campaign	60 families trained for participation in the promotional campaign

	Media coverage and presentation of the project in national and regional media	Over 35 publications and TV and radio programs
Dissemination and promotion of health messages on holidays and events popular among the Roma population	Dissemination and promotion of health messages on holidays and events popular among the Roma population on special events	22 events
	Meetings with local partners and project supporters	More than 200
	(Priority work with 110 institutions)	(meetings are conducted with representatives of more than 110 institutions)
Strengthening the position of the health mediator in Roma communities, as well as before local authorities, RIPHPC, RHC and NHIF	Strengthening the capacity of the HM in the four project regions by introducing them to project activities: training,	4 meetings with HM from each region
	Meetings with regional health institutions and HM and discussing the specific role of each partner for achieving the project's goals	More than 16 meetings
	Establishing the position of HM in Bulgaria	More than 20 meetings with local authorities, RHC, regional

	administrations;
	More than 5 official letters to the institutions
Elaboration of a model for monitoring and evaluation of the work of HM	1 monitoring model
The training of GPs in terms of making them more open to health mediators	
Training of HM in the four target regions on how to be effective partners in the implementation of national preventive programs – individual work before the examinations	1 training 1 training curriculum 37 HM trained
Gathering of cases by the HM	1 list with cases gathered
Establishing of self-help groups	5 self-help groups in the regions of Yambol and Montana
Organization of seminars for Roma women on the topics of nutrition of newborns and infants	4 seminars
Educational sessions with parents for the importance of preventive activities, included in the child health care	4 training sessions

	program	
	Health-related educational sessions for the Roma community concerning immunizations, the need of them, their effectiveness, types of vaccines and risks	4 sessions
	Meetings with parents from schools with predominant number of Roma children – educational sessions and discussions	4 meetings in schools more than 300 students attended
Promotion of prevention of AIDS, STIs and drug abuse among adolescents	Covering 120 adolescents trained under the project and from the project locations in a preventive educational program (Yambol, Pazardjik, Montana and Dobrich)	4 trainings of young people  number of participants – more than 120
Support to medical specialists in provision of health information regarding Roma families from the health mediators	Baseline study –elaboration of questionnaires for the health status of Roma women and children and preventive programs implemented so far	4 types of questionnaires elaborated
	Focus groups	16 focus groups
	Research study – analysis	1
	Selection of locations and target families (60) in the four regions	Elaborated criteria for locations (1)
	Elaboration of selection criteria for young people from the four regions	Elaborated criteria for young people

		(1)
	Elaboration of curriculum for conducting 4 trainings of young people	1 curriculum
	Educational sessions – peer training and special events in the four regions	4 sessions
Training of 60 Roma families	Training of 60 Roma families	4 trainings of Roma families
		60 families trained
Training of medical staff		
	Analysis of the existing curricula for medical teams and adaptation	1 analysis
	Trainings of GPs for each target region	8 trainings
		(two in each target region)
Project management	Elaborated criteria for non-key experts	25 profiles with criteria for non-key experts

Kick-off meeting between the Consultant, SPO, DEDI at the CoM, MH	1
Inception meeting for official presentation of project components before stakeholders, NGOs, experts, etc.	1
Inception meetings for official presentation of project components before stakeholders, NGOs, experts in the four project regions	4
Training of local coordinators (4 non-key experts)	4 local coordinators trained
Final meeting for presenting and summarizing project results	1
Web site – a web site developed to meet the needs of the project and the health mediators – <a href="https://www.zdravnmediator.net">www.zdravnmediator.net</a>	1 web site